Quiet Time with God

*by Joe Martin - RealMenConnect.com*

If you don't know where to start reading the Bible in your QUIET TIME with God, here are some suggestions:

1. Read scriptures/chapters based on topics, issues, or challenges you're currently struggling with. 

2. Read John (reminding you of how much God loves you) or any of the other three books of the Gospel *(Matthew, Mark, and Luke)*

3. Read any 4-5 books of the New Testament (you pick) 

4. Read Genesis 

5. Read Proverbs (for wisdom) or Psalms (for worship) BEFORE you start reading, ask God: "What is THIS (your Word) saying about ME?"

NEXT, get and stay in fellowship with other Believers. Look for opportunities to share some of your Quiet Time moments with them, as well as non-believers.

By doing this, not only will your Quiet Time INCREASE your love for God, and IMPROVE your walk with God, it will REVEAL His faithful and unfailing love for you.

***(see S-P-A-C-E Journal Outline Worksheets Below)***

S-P-A-C-E Journal Outline - Sample

Pray and ask God to reveal to you what His Word says about YOU. Then, as/after you read your Bible, write/jot down your answers to each of the questions below. Print and make copies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic/Issue:** | Protection/Provision | **Scripture Ref:** | Psalm 23 | **Date:** | 07-07-07 |

|  |  |
| --- | --- |
| Sin:  What SIN do I need to confess? | *There is always sin in our lives we need to either confess or avoid. Ask God to reveal it to you, confess it (write it below), and then repent (don't do it again).* |
| God, please forgive me for walking in fear, worrying, and doubting you to provide for and protect me (and my family). |
| Promise:  What PROMISE do I need to claim? | *There are more than 3,000 promises in the Bible; search for them as you read, then claim them, and then write them down here so you can REMEMBER them.* |
| You said that you’re my shepherd, I will lack for nothing; you give me rest and restore my strength; you will always lead me down the right path; you will protect me; you will bless me in front of my enemies; you will soothe my pain (anoint my head in oil); I can expect goodness and mercy to follow me all the days of my life and I will be with you in eternity. |
| Attitude:  What ATTITUDE do I need to change? | *Examine your attitude, actions, thoughts, and feelings that are unpleasant to God. Then confess/write them below, and then ask God for His grace to change them.* |
| Even though your word is in my heart, and I believe you, I still allow the worries of this world to take root in my heart and mind and weaken my faith. I need to walk and live by faith and not by sight, knowing you’re not just a shepherd, you’re the good and perfect shepherd and I can trust you with my life. |
| Command:  What COMMAND do I need to obey? | *Find out what God is asking you to DO out of your obedience, faith, and trust in Him. Look for the "Do's" not just the "Don'ts." Write it down.* |
| God, you’re telling me to rest in you, trust in you, follow you, and not doubt who You are, what You can and will do for those who love, obey, and follow You. |
| Example:  What EXAMPLE do I need to follow? | *Look for the example that is being set in the scripture. What can you learn from the people involved, the circumstances/situation, and how can you APPLY it in your own life.* |
| Even though no one in particular is mentioned, David wrote this when he was a shepherd boy; he wasn’t a king yet. He was given the responsibility of watching over the sheep that were entrusted to him. And he would do anything to protect and provide for them; so how much more would the Good Shepherd protect and provide for me. So I should pursue, praise, and worship God the way David did. |

*© Joe Martin – Real Men Connect www.RealMenConnect.com realmenconnect@gmail.com*

S-P-A-C-E Journal Outline

Pray and ask God to reveal to you what His Word says about YOU. Then, as/after you read, your Bible, write/jot down your answers to each of the questions below. Print and make copies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic/Issue:** |  | **Scripture Ref:** |  | **Date:** |  |

|  |  |
| --- | --- |
| Sin:  What SIN do I need to confess? | *There is always sin in our lives we need to either confess or avoid. Ask God to reveal it to you, confess it (write it below), and then repent (don't do it again).* |
|  |
| Promise:  What PROMISE do I need to claim? | *There are more than 3,000 promises in the Bible; search for them as you read, then claim them, and then write them down here so you can REMEMBER them.* |
|  |
| Attitude:  What ATTITUDE do I need to change? | *Examine your attitude, actions, thoughts, and feelings that are unpleasant to God. Then confess/write them below, and then ask God for His grace to change them.* |
|  |
| Command:  What COMMAND do I need to obey? | *Find out what God is asking you to DO out of your obedience, faith, and trust in Him. Look for the "Do's" not just the "Don'ts." Write it down.* |
|  |
| Example:  What EXAMPLE do I need to follow? | *Look for the example that is being set in the scripture. What can you learn from the people involved, the circumstances/situation, and how can you APPLY it in your own life.* |
|  |

*© Joe Martin – Real Men Connect www.RealMenConnect.com realmenconnect@gmail.com*

S-P-A-C-E Journal Outline

Pray and ask God to reveal to you what His Word says about YOU. Then, as/after you read, your Bible, write/jot down your answers to each of the questions below. Print and make copies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic/Issue:** |  | **Scripture Ref:** |  | **Date:** |  |

|  |  |
| --- | --- |
| Sin:  What SIN do I need to confess? | *There is always sin in our lives we need to either confess or avoid. Ask God to reveal it to you, confess it (write it below), and then repent (don't do it again).* |
|  |
| Promise:  What PROMISE do I need to claim? | *There are more than 3,000 promises in the Bible; search for them as you read, then claim them, and then write them down here so you can REMEMBER them.* |
|  |
| Attitude:  What ATTITUDE do I need to change? | *Examine your attitude, actions, thoughts, and feelings that are unpleasant to God. Then confess/write them below, and then ask God for His grace to change them.* |
|  |
| Command:  What COMMAND do I need to obey? | *Find out what God is asking you to DO out of your obedience, faith, and trust in Him. Look for the "Do's" not just the "Don'ts." Write it down.* |
|  |
| Example:  What EXAMPLE do I need to follow? | *Look for the example that is being set in the scripture. What can you learn from the people involved, the circumstances/situation, and how can you APPLY it in your own life.* |
|  |

*© Joe Martin – Real Men Connect www.RealMenConnect.com realmenconnect@gmail.com*

S-P-A-C-E Journal Outline

Pray and ask God to reveal to you what His Word says about YOU. Then, as/after you read, your Bible, write/jot down your answers to each of the questions below. Print and make copies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic/Issue:** |  | **Scripture Ref:** |  | **Date:** |  |

|  |  |
| --- | --- |
| Sin:  What SIN do I need to confess? | *There is always sin in our lives we need to either confess or avoid. Ask God to reveal it to you, confess it (write it below), and then repent (don't do it again).* |
|  |
| Promise:  What PROMISE do I need to claim? | *There are more than 3,000 promises in the Bible; search for them as you read, then claim them, and then write them down here so you can REMEMBER them.* |
|  |
| Attitude:  What ATTITUDE do I need to change? | *Examine your attitude, actions, thoughts, and feelings that are unpleasant to God. Then confess/write them below, and then ask God for His grace to change them.* |
|  |
| Command:  What COMMAND do I need to obey? | *Find out what God is asking you to DO out of your obedience, faith, and trust in Him. Look for the "Do's" not just the "Don'ts." Write it down.* |
|  |
| Example:  What EXAMPLE do I need to follow? | *Look for the example that is being set in the scripture. What can you learn from the people involved, the circumstances/situation, and how can you APPLY it in your own life.* |
|  |

*© Joe Martin – Real Men Connect www.RealMenConnect.com realmenconnect@gmail.com*

S-P-A-C-E Journal Outline

Pray and ask God to reveal to you what His Word says about YOU. Then, as/after you read, your Bible, write/jot down your answers to each of the questions below. Print and make copies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic/Issue:** |  | **Scripture Ref:** |  | **Date:** |  |

|  |  |
| --- | --- |
| Sin:  What SIN do I need to confess? | *There is always sin in our lives we need to either confess or avoid. Ask God to reveal it to you, confess it (write it below), and then repent (don't do it again).* |
|  |
| Promise:  What PROMISE do I need to claim? | *There are more than 3,000 promises in the Bible; search for them as you read, then claim them, and then write them down here so you can REMEMBER them.* |
|  |
| Attitude:  What ATTITUDE do I need to change? | *Examine your attitude, actions, thoughts, and feelings that are unpleasant to God. Then confess/write them below, and then ask God for His grace to change them.* |
|  |
| Command:  What COMMAND do I need to obey? | *Find out what God is asking you to DO out of your obedience, faith, and trust in Him. Look for the "Do's" not just the "Don'ts." Write it down.* |
|  |
| Example:  What EXAMPLE do I need to follow? | *Look for the example that is being set in the scripture. What can you learn from the people involved, the circumstances/situation, and how can you APPLY it in your own life.* |
|  |

*© Joe Martin – Real Men Connect www.RealMenConnect.com realmenconnect@gmail.com*

S-P-A-C-E Journal Outline

Pray and ask God to reveal to you what His Word says about YOU. Then, as/after you read, your Bible, write/jot down your answers to each of the questions below. Print and make copies.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic/Issue:** |  | **Scripture Ref:** |  | **Date:** |  |

|  |  |
| --- | --- |
| Sin:  What SIN do I need to confess? | *There is always sin in our lives we need to either confess or avoid. Ask God to reveal it to you, confess it (write it below), and then repent (don't do it again).* |
|  |
| Promise:  What PROMISE do I need to claim? | *There are more than 3,000 promises in the Bible; search for them as you read, then claim them, and then write them down here so you can REMEMBER them.* |
|  |
| Attitude:  What ATTITUDE do I need to change? | *Examine your attitude, actions, thoughts, and feelings that are unpleasant to God. Then confess/write them below, and then ask God for His grace to change them.* |
|  |
| Command:  What COMMAND do I need to obey? | *Find out what God is asking you to DO out of your obedience, faith, and trust in Him. Look for the "Do's" not just the "Don'ts." Write it down.* |
|  |
| Example:  What EXAMPLE do I need to follow? | *Look for the example that is being set in the scripture. What can you learn from the people involved, the circumstances/situation, and how can you APPLY it in your own life.* |
|  |

*© Joe Martin – Real Men Connect www.RealMenConnect.com realmenconnect@gmail.com*